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- Home
- UPSC
- Current Affairs IAS
- **-** 0000 000000 000 000000
- Quiz IAS
- 00000 00 000 00000000000
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- Answer Writing (□□□□□ /Eng)
- UPSC Essay (□□□□□/Eng)
- UPSC GS (□□□□□/Eng)
 - UPSC GS 1 (□□□□□ /Eng)
 - UPSC GS-2 (□□□□□ /Eng)
 - UPSC GS-3 (□□□□□ /Eng)
 - UPSC GS-4 (□□□□ /Eng)
- Kurukshetra (□□□□□ /Eng)
- Yojana (□□□□□ /Eng)
- IAS Strategy for Prelims
 - General Studies
 - CSAT
- IAS Strategy for Mains
 - IAS GS 1
 - IAS GS 2
 - IAS GS 3
 - IAS GS 4
- IAS Test Series
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 - Himachal Daily Current Affairs
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 - Daily Himachal GK Quiz

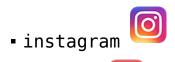
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-Answer Writing (□□□□□ /Eng)
-Himachal Essay (□□□□□/Eng)
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■ Magazine
■ Giriraj Quiz
- 000000
- 000000
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HP Government Schemes
- 000000 00000 00000 00 000000
Syllabus Prelims Himachal HPAS
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■ CSAT
■ English
• Hindi
• Syllabus Mains Himachal HPAS
■ English, Hindi, Essay & One Optional
■ HPAS GS 3
■ HPAS GS 2
• HPAS GS 1
• Himachal HPAS Test Series
• All You need to Know about Himachal HPAS
■ HARYANA HCS
• Haryana Current Affairs
• 000000 00000 000000
• HCS Quiz
• 000000 00000000000000000000000000000
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- Haryana Essay (□□□□□/Eng)
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• Syllabus Prelims Haryana HCS
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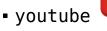
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Answer Writing (Eng)
Punjab Essay (Eng)
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Syllabus Mains Punjab PCS
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■ PCS GS 2
■ PCS GS 3
■ PCS GS 4
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- Geography (□□□□□ / Eng)
-Enviroment (□□□□□ / Eng)
-History (□□□□□ / Eng)
- Economics (□□□□□ / Eng)
Science and Technology (□□□□□ / Eng)
- CSAT Concepts (□□□□□ / Eng)
- Maps (□□□□□ / Eng)
• Art and Culture (□□□□□ / Eng)
•International Affairs (□□□□□ / Eng)
Punjab PCS Concepts
- Himachal HPAS Concepts (□□□□□ / Eng)
Haryana HCS Concepts (□□□□□ / Eng)
- Rajasthan RAS Concepts (□□□□□ / Eng)
• Concept Quiz
- Polity Quiz (□□□□□/Eng)

- Geography Quiz (□□□□□/Eng)
 Enviroment Quiz (□□□□□/Eng)
 History Quiz (□□□□□/Eng)
 Economics Quiz (□□□□□/Eng)
- Science and Technology Quiz (□□□□□/Eng)
- CSAT Concepts Quiz (□□□□□/Eng)
- Maps Quiz (□□□□□/Eng)
- Art and Culture Quiz (☐☐☐☐/Eng)
- Punjab PCS Concepts Quiz
- Himachal HPAS Concepts Quiz (□□□□□/Eng)
- Haryana HCS Concepts Quiz (□□□□□/Eng)
- Rajasthan RAS Concepts Quiz (□□□□□/Eng)
- Mains
 - UPSC Answer Writing (□□□□/Eng)
 - HPPSC Answer Writing (□□□□□/Eng)
 - Haryana HCS Answer Writing (□□□□□/Eng)
 - Punjab PCS Answer Writing
- Exam Blogs
 - UPSC Exam Blogs
 - Himachal Exam Blogs
 - Punjab exam Blogs
 - Haryana Exam Blogs
 - Rajasthan Exam Blogs
 - E-Magazine
 - E-Magazine for HPAS
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 - Punjab Exams
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Topics Covered

- What is the news?
- Ritu Negi: A Journey of Determination and Success
- Ritu Negi accomplishments are truly impressive:
- State Rejoicing in This Glory:
- What is the Arjuna Award?
- A Brief Overview abouth Arjuna Award:
- Process of Selection:
- Benefits and Rewards:
- Significance and Impact:
- QuizTime:
- Are you Ready!
- Read the Below Instructions Carefully:
 - Please Rate!
- Mains Ouestions:
 - Ouestion 1:
 - Model Answer:
 - Question 2:
 - Model Answer:
 - Relevance to the Himachal HPAS Prelims and Mains syllabus under the following topics:

What is the news?

- It was a truly proud moment for Himachal Pradesh and the Indian sporting community when Ritu Negi, the kabaddi sensation, received the highly esteemed Arjuna Award.
- The award was presented by President Draupadi Murmu at a momentous ceremony held at Rashtrapati Bhavan. Negi's outstanding accomplishments and exemplary leadership in the sport have earned her this prestigious recognition, establishing her as one of India's top athletes.

Ritu Negi: A Journey of Determination and Success

• Ritu Negi hailed from Shillai, District Sirmaur, Himachal Pradesh. With her unwavering commitment, fiery enthusiasm, and unparalleled prowess in raiding, she climbed the ladder of success from modest origins.

Ritu Negi accomplishments are truly impressive:

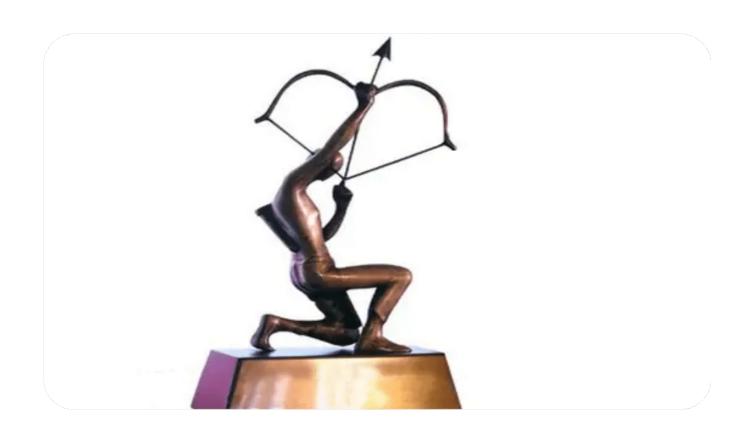
- Led the Indian team to an incredible gold medal victory at the 2022 Asian Games.
- Played a crucial role in India's silver medal

- victory at the 2018 Asian Games and gold at the 2019 South Asian Games.
- Renowned for her nimbleness, sharp wit, and ability to guide her team, she has been a source of motivation for numerous aspiring kabaddi athletes.

State Rejoicing in This Glory:

- Himachal Pradesh Chief Minister Sukhwinder Singh Sukhu recognized Negi and other state medalists, presenting her with a cash prize of Rs. 15 lakhs.
- Many news outlets reported on the ceremony, praising Negi's achievement and emphasizing the importance of the Arjuna Award.
- The victory of Negi was widely celebrated on social media platforms, with many sending congratulatory messages. It was a powerful testament to the importance of dedication and perseverance.

What is the Arjuna Award?



- The Arjuna Award is a prestigious recognition in the field of sports and games, being the secondhighest sporting honor in India.
- Every year, the Ministry of Youth Affairs and Sports presents an award to honor exceptional achievements in sports on the global stage.
- This recognition is given based on outstanding performance over a span of four years.

A Brief Overview abouth Arjuna Award:

- Established in 1961, the award is named after Arjuna, the legendary archer and one of the Pandava brothers from the Hindu epic Mahabharata, renowned for his commitment, diligence, and exceptional skills.
- Throughout the Kurukshetra War, Lord Krishna

assumed the role of Arjuna's charioteer and imparted the profound wisdom of the Gita. Arjuna is widely regarded as one of the most skilled warriors in ancient India, following in the footsteps of Rama, Lakshman, and Parshurama. Hindus view him as a symbol of unwavering determination, unwavering commitment, and unwavering concentration. Arjuna is widely regarded as one of the most formidable warriors in Indian mythology.

• Prior to the inception of the Major Dhyan Chand Khel Ratna Award in 1991-92, the Arjuna Award held the distinction of being the most prestigious sporting accolade in India.

Process of Selection:

- Nominations are received from all governmentrecognized National Sports Federations, the Indian Olympic Association, the Sports Authority of India (SAI), the Sports Promotion and Control Boards, the state and union territory governments, and the Rajiv Gandhi Khel Ratna, Arjuna, Dhyan Chand, and Dronacharya awardees of the previous years.
- A committee constituted by the Ministry of Youth Affairs and Sports selects the recipients based on their: Good performance in the field of sports over a period of four years at the international level.
- Display of qualities like leadership, sportsmanship, and a sense of discipline.

Benefits and Rewards:

- A bronze statuette of Arjuna.
- A certificate.
- Ceremonial dress.
- A cash prize of ₹15 lakh.

Significance and Impact:

- The Arjuna Award holds great significance as a highly esteemed accolade for outstanding athletic achievements in India.
- It provides motivation and inspiration for athletes who are looking to achieve greater success.
- It enhances the reputation of the sport that the recipient is associated with.
- It plays a significant role in the overall growth of sports in India.

Furthermore, I would like to share some intriguing information about the Arjuna Award:

- It is given out in different categories, such as individual sports, team sports, indigenous games, and para-sports.
- Notable past recipients of this award include Sachin Tendulkar, P. T. Usha, Milkha Singh, Prakash Padukone, and Sania Mirza.
- In 2023, a record-breaking 26 sportspersons were

honored with the prestigious Arjuna Award, marking it as the highest number ever received in a single year.





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Are you Ready!

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HIMACHAL CURRENT AFFAIRS QUIZ

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- Click on Start Quiz
- Attempt all questions (You can attempt or leave)
- After Attempting Last Question.
- Enter Name & Email
- Click on Check Result
- Scroll down Check out Solutions too.Thank you.



1 / 10

Category: Himachal General Knowledge

Who is eligible to receive the Arjuna Award?

- Athletes from any sport
- Only athletes from traditional Indian sports
- Only athletes who have won a gold medal in international competitions
- Athletes who have shown outstanding performance in any recognized sport

Prev

Finish

Next

2 / 10

Category: Himachal General Knowledge

What is the highest sporting honor in India?

Arjuna Award

○ Dronacharya Award
○ Padma Shri
Major Dhyan Chand Khel Ratna
Prev Finish Next
3 / 10
Category: Himachal General Knowledge
What is the significance of the Arjuna Award in India?
 Recognition of academic excellence
 Recognition of outstanding performance in athletics
 Recognition of outstanding contributions to science
 Recognition of outstanding achievements in business
Prev Finish Next
4 / 10
Category: Himachal General Knowledge
Ritu Negi led the Indian team to an incredible gold medal victory at which year Asian Games?
O 2018
O 2020
O 2022
O 2023
Prev Finish Next
5 / 10
Category: Himachal General Knowledge
In which year was the Arjuna Award instituted?
O 1961

O 1971
O 1992
O 2001
Prev Finish Next
6 / 10
Category: Himachal General Knowledge
Which sport did Ritu Negi receive the Arjuna Award for?
O Hockey
○ Cricket
○ Kabaddi
○ Badminton
Prev Finish Next
7 / 10
Category: Himachal General Knowledge
Which of the following is NOT a criterion for receiving the Arjuna Award?
 Outstanding performance in sports over a four-year period at the international level
 Leadership qualities and sportsmanship
○ High academic achievements
 Dedication and discipline
Prev Finish Next
8 / 10
Category: Himachal General Knowledge

What is the approximate cash prize awarded to an
Arjuna Award recipient as of 2023?
○ ₹5 lakh
O ₹10 lakh
○ ₹15 lakh
○ ₹20 lakh
Prev Finish Next
9 / 10
Category: Himachal General Knowledge
Who confers the Arjuna Award?
○ Ministry of Sports and Youth Affairs
○ Ministry of Home Affairs
○ Indian Olympic Association
○ Ministry of External Affairs
Prev Finish Next
10 / 10
Category: Himachal General Knowledge
Himachal Pradesh's Kabaddi Star, Ritu Negi, Bags Prestigious Arjuna Award! She hails from which district of Himachal?
○ Shimla
○ Kinnaur
○ Sirmaur
○ Chamba
Prev Finish

Check Rank, Result Now and enter correct email as you will get Solutions in the email as well for future use!

Check the Result

Your score is

Restart quiz

Please Rate!
Send feedback

Mains Questions:



Ouestion 1:

(a) Analyze the significance of the Arjuna Award in recognizing and promoting sporting excellence in India.

- (b) Discuss the role of athletes like Ritu Negi in inspiring young generations and fostering national pride.
- (c) Suggest three measures the government can take to further strengthen grassroots sports development in India.

Model Answer:

(a) The Arjuna Award is highly regarded in the Indian sports community. Established in 1961, it is a highly esteemed recognition of athletic excellence and commitment on a national scale. Receiving this award brings both personal recognition and:

- Raises the sport's profile in the public eye: Ritu Negi's Arjuna Award for kabaddi, a sport with rural roots, puts it in the national spotlight, potentially drawing more attention and support.
- Inspires aspiring athletes: It acts as a guiding light for up-and-coming sports enthusiasts, demonstrating the importance of dedication and determination in attaining athletic greatness.
- Boosts national pride: When Indian athletes like
 Negi gain global recognition, it cultivates a feeling of national pride and solidarity.
- (b) Athletes such as Ritu Negi have a significant impact on motivating the younger generation to chase after their

athletic aspirations. Their journeys showcase the strength of:

- Resilience and dedication: Negi's journey from modest origins to national fame showcases the incredible impact of unwavering commitment and conquering obstacles.
- Consistent dedication and a drive for selfimprovement are evident in her exceptional performances, showcasing her commitment to excellence.
- Challenging stereotypes: Negi, a female kabaddi champion, is breaking gender norms and inspiring young girls to join sports that have been traditionally dominated by males.
- (c) To enhance grassroots sports development in India, the government has the potential to implement:
 - Enhanced investment in sports infrastructure in rural areas: Constructing training facilities that are easily accessible and supplying equipment will open doors for talent recognition and support the development of future champions, just like Negi.
 - Enhancing school and college sports programs: Incorporating comprehensive sports programs into educational curricula, alongside experienced coaches and scholarships, can attract promising young athletes and establish a solid groundwork for future achievements.
 - Encouraging diversity and inclusion in sports: By arranging specialized programs and camps for athletes from marginalized communities and underprivileged backgrounds, we can guarantee

equal opportunities for all to thrive.

Question 2:

- (a) Compare and contrast the challenges faced by athletes in individual versus team sports like kabaddi, highlighting the importance of teamwork and leadership in achieving sporting success.
- (b) Critically analyze the effectiveness of government initiatives like the Khelo India program in promoting grassroots sports development. Suggest any improvements or additions you would recommend.

Model Answer:

- (a) While both individual and team sports demand immense dedication and skill, the challenges faced by athletes differ significantly.
 - Individual athletes: Primarily responsible for their own performance, they must manage personal motivation, pressure, and setbacks independently.
 - Team athletes: Like Ritu Negi in kabaddi, they must operate within a cohesive unit, relying on individual skill combined with effective communication, coordination, and leadership to

achieve success.

Teamwork in kabaddi becomes crucial for:

- Strategy and execution: Formulating and executing winning tactics requires constant communication and adjustment based on the opponent's moves.
- Building trust and resilience: Teammates must rely on each other's strengths, cover weaknesses, and support each other through wins and losses.
- Leadership: A strong captain like Negi inspires and motivates teammates, rallies them during adversity, and makes crucial tactical decisions on the field.
- (b) Government initiatives like Khelo India have played a significant role in promoting grassroots sports development, with achievements like:
 - Increased participation: Providing financial support for training and infrastructure has led to more young people participating in various sports. Talent identification: Scouting programs have helped identify and nurture promising athletes from rural areas who might otherwise go unnoticed. Awareness and advocacy: The program has generated increased public awareness and appreciation for sports at the grassroots level.

However, there are areas for improvement:

Sustainability: Ensuring long-term funding and support for identified talent beyond initial training programs is crucial to prevent dropouts and sustain athlete development.

Bridging the rural-urban gap: More focus is needed on developing infrastructure and qualified coaches in rural areas to provide equal opportunities for athletes from all backgrounds.

Monitoring and evaluation: Implementing robust monitoring and evaluation mechanisms to assess the program's effectiveness and make necessary adjustments can optimize resource allocation and improve outcomes.

Remember, these are just two examples of Himachal HPAS Mains questions inspired by the current news regarding the Hattees. Feel free to modify and adapt them further to fit your specific needs and writing style. Good luck with your preparation!



Relevance to the Himachal HPAS

Prelims and Mains syllabus under the following topics:



Himachal HPAS Prelims:

- Current Affairs: This news directly falls under current affairs, potentially appearing as a factual question about the award, Ritu Negi's sport, or the significance of the honor.
- General Awareness: Aspects like the history of the Arjuna Award, other prominent awardees, or the selection process could be tested within the broader realm of general awareness.

Himachal HPAS Mains:

- Essay: The story of Ritu Negi offers compelling material for essay topics related to women in sports, overcoming challenges, role models, or the importance of recognizing sporting excellence.
- Optional Subjects: Depending on your chosen optional subject, you could connect Negi's achievement to relevant aspects like rural development, youth empowerment, or sports

policy in your answers.

• General Studies: Questions related to promoting sports culture, the impact of government initiatives like Khelo India, or challenges faced by athletes in India could indirectly connect to this news.



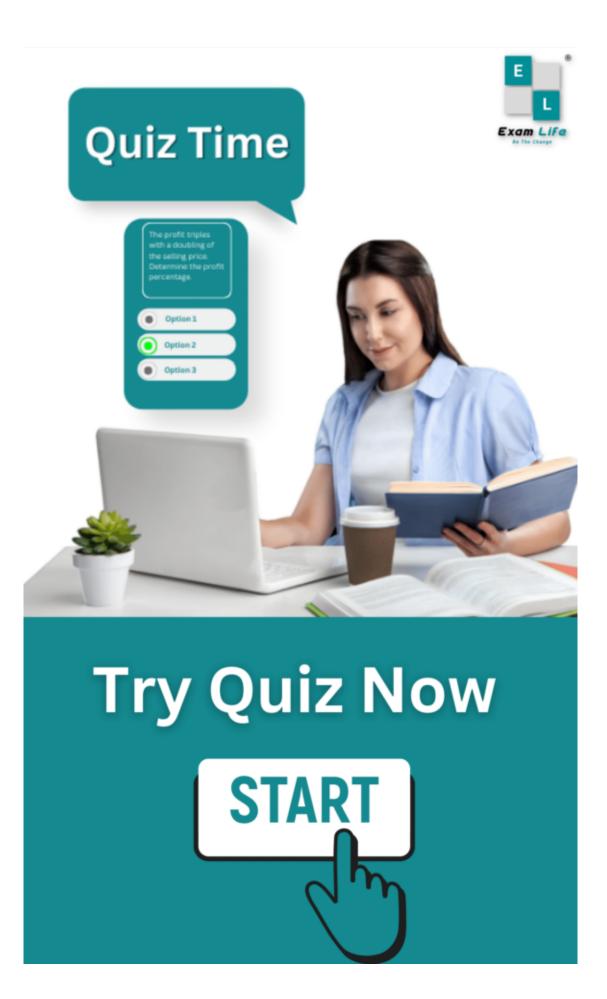
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- 2)न्यायिक व्यवस्था में तकनीक पारदर्शिता, उत्पादकता और दक्षता सुनिश्चित करती है: मुख्यमंत्री......विस्तार से पढें
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