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## MENU

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## Topics Covered



- What is the news?
  - Hope: Himachal Pradesh's Low Suicide Rate and Lessons for India:
  - Understanding National Landscapes:
  - Possible Contributing Factors in Himachal Pradesh:
  - Need for More Research and Replication:
  - A National Call to Action:
  - Conclusion:
  - About National Crime Records Bureau (NCRB):
  - NCRB importance:
  - QuizTime:
  - Are you Ready!
- Read the Below Instructions Carefully:
  - Please Rate!
- Mains Questions:
  - Question 1:
  - Model Answer:
  - Question 2:
  - Model Answer:
  - Relevance to the Himachal HPAS Prelims and Mains syllabus under the following topics:

## ***What is the news?***

- Himachal Pradesh has the second-lowest suicide rate in 2022, according to NCRB data. Manipur had the lowest rate.
- The NCRB reported a 27.6% drop in suicides in Himachal in 2022 compared to 2021, while Manipur, which had the lowest rate, had a 46.9% decline.
- Compared to 889 suicides in 2021, 644 occurred in Himachal Pradesh in 2022. The state saw 3.7% more suicides in 2021 than 2020.
- Suicides rose 46.7% to 857 in 2020 from 584 in 2019. The pandemic-induced lockdown, which isolated and depressed people, contributed to the suicide rate rise.
- In 2021, Himachal Pradesh had a suicide rate of 12% per 1 lakh people, matching the national average. NCRB data shows it fell to 8.7% in 2022.

## ***Hope: Himachal Pradesh's Low Suicide Rate and Lessons for India:***

- Recent NCRB data shows a good trend in Himachal Pradesh. It has India's second-lowest suicide rate for 2022, behind Manipur. This gives hope to a nation with a high suicide rate. Other states can learn from Himachal Pradesh's experience in addressing this complicated issue.

## ***Understanding National Landscapes:***

- The Indian public health issue of suicide is serious. The NCRB data shows a small drop in the national suicide rate, but it remains a major issue that requires quick attention. Targeted solutions require understanding regional variances like Himachal Pradesh's low rate.

## ***Possible Contributing Factors in Himachal Pradesh:***

### ***Himachal Pradesh's success may have several causes:***

- **Strong Community Bonds:** The state's close-knit communities may provide a strong social support system, reducing isolation, a suicide risk factor.
- **Mental Health:** Awareness and availability to mental health services may be contributing.
- **Cultural Factors:** The state's culture may value resilience and coping mechanisms to aid people through tough times.

## ***Need for More Research and Replication:***

- The data provides vital insights into Himachal

Pradesh's low suicide rate, but more research is needed. Further research may reveal elements that can be reproduced and adapted in other high-suicide states.

## ***A National Call to Action:***

### ***Himachal Pradesh's accomplishment shows the need for multifaceted suicide prevention:***

- Investment in Mental Healthcare: More mental health specialists, counsellors, and inexpensive treatment choices are needed.
- Destigmatizing Mental Health: Public awareness initiatives and educational programmes can lessen mental illness stigma and encourage help-seeking.
- Social connections and a sense of belonging can strengthen community support.

## ***Conclusion:***

- The low suicide rate in Himach Pradesh gives India hope in fighting this public health catastrophe. India can reduce suicide by learning from the state's experience, investing in mental healthcare, and creating supportive communities.



## ***About National Crime Records Bureau (NCRB):***

- The National Crime Records Bureau (NCRB) is an Indian government agency that plays a vital role in collecting and analyzing crime data across the country.
  - It was founded in 1986 to store crime and criminal data.
  - It is under the Indian Ministry of Home Affairs (MHA).
  - It was established after the Tandon Committee, National Police Commission (1977-1981), and Home Ministry Task Force recommendations.
  - It collects, analyses, and stores crime data to help investigators find criminals.
  - New Delhi headquarters.

***Here's a breakdown of its key functions and significance:***

### ***Functionalities of NCRB:***

***Data Collection and Analysis:*** *NCRB collects Indian state police crime statistics. This data covers:*

- ***Cognizable Offences:*** Serious crimes like murder, rape, robbery, and theft.
- ***Non-Cognizable Offences:*** Lesser offenses like

petty theft and public nuisance.

- **Crime Rate Calculation:** NCRB calculates national and state-wise crime rates, providing insights into crime trends and patterns.
- **Publication of Reports:** The Bureau publishes annual reports like "Crime in India," which provides a comprehensive picture of crime statistics across the country.

▪ **Maintaining National Databases:** NCRB maintains several crucial national databases, including:

- **National Database of Fingerprints:** Stores fingerprint information of criminals to aid investigation and identification.
- **Crime Jalshakti Portal:** Provides online access to crime data for registered users.
- **National Database of Sexual Offenders (NDSO):** Aims to track and monitor convicted sex offenders.
- **Training and Research:** NCRB conducts training programs for police personnel on crime data collection, analysis, and investigation techniques. It also supports research initiatives related to crime and criminal justice.

▪ **Training and Research:** NCRB trains police on crime data collection, analysis, and investigation. It also funds crime and justice research.

## NCRB importance:

- Crime prevention measures and state and federal policies are heavily influenced by NCRB data.
- Investigation and Law Enforcement: Crime data helps police follow criminals, analyse patterns, and allocate resources.
- Awareness: NCRB reports promote public safety and vigilance by highlighting crime patterns.
- Research and Analysis: Crime data helps researchers study crime patterns, societal aspects, and criminal justice issues to develop prevention strategies.
- The National Crime Records Bureau is crucial to India's crime combat. NCRB helps policymakers, law enforcement, and researchers fight crime by collecting, analysing, and sharing crime data.



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***Are you Ready!***

***Thank you, Time Out !***

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**General Studies**

**CURRENT AFFAIRS QUIZ**

***Read the Below Instructions Carefully:***

- Click on - Start Quiz
- Attempt all questions (You can attempt or leave)
- After Attempting Last Question.
- Enter Name & Email
- Click on - Check Result
- Scroll down - Check out Solutions too.

Thank you.

Loading ...

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Category: **General Studies**

***The annual report published by the NCRB, "Crime in India," provides information on:***

Only major crimes like murder and rape, excluding minor

offenses.

- Crime rates and trends across different states and the nation as a whole.
- Details of ongoing criminal investigations and court cases.
- Rehabilitation programs offered to convicted criminals in various states.

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Category: **General Studies**

***The National Crime Records Bureau (NCRB) is a crucial government agency in India primarily responsible for:***

- Leading counter-terrorism operations across the country.
- Managing national prison facilities and inmate rehabilitation programs.
- Collecting and analyzing crime data to inform policy and law enforcement.
- Overseeing the appointment and training of judges in the Indian judicial system.

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Category: **General Studies**

***The editorial suggests that a potential factor contributing to Himachal Pradesh's low suicide rate might be:***

- A significant increase in the number of mental health professionals available in the state.
- The strong presence of social support systems within the state's communities.

- A recent policy change focused on providing free medication for mental health conditions.
- The implementation of a mandatory mental health screening program for all residents.

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Category: **General Studies**

***According to the latest NCRB data for 2022, Himachal Pradesh has the:***

- Highest suicide rate in the country.
- Second-lowest suicide rate in the country.
- Third-highest suicide rate in the country.
- Data on suicide rate is not collected for this state.

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Category: **General Studies**

***One of the national databases maintained by the NCRB is the:***

- National Immunization Registry, tracking vaccination records of citizens.
- National Database of Fingerprints, aiding criminal identification.
- National Health Insurance Scheme database, managing healthcare access.
- National Education Board database, containing student academic records.

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Finish

**Check Rank, Result Now and enter correct email as you will get Solutions in the email as well for future use!**

Check the Result

Your score is

0%

Restart quiz

**Please Rate!**

Send feedback

## ***Mains Questions:***

# **Below Mains Question**

Write in Comment Section



### ***Question 1:***

***Himachal Pradesh has the second-lowest suicide rate in India, according to the NCRB report.***

**Analyze the potential factors contributing to this positive outcome and suggest strategies for other states to learn from Himachal Pradesh's success. (250 words)**

## **Model Answer:**

### *Possible Factors in Himachal Pradesh:*

- **Strong Community Bonds:** Close-knit communities provide social support and reduce feelings of isolation, a major risk factor for suicide.
- **Focus on Mental Health:** Increased awareness and access to mental healthcare services could be playing a role.
- **Cultural Factors:** Cultural values might emphasize resilience and coping mechanisms for navigating difficult situations.

### *Learning for Other States:*

- **Replicate Successful Strategies:** Research the specific factors contributing to Himachal Pradesh's success and identify adaptable strategies for other states.
- **Invest in Mental Healthcare:** Increase access to mental health professionals, counselors, and affordable treatment options across the country.
- **Destigmatize Mental Health:** Implement public awareness campaigns and educational programs to



- reduce stigma and encourage help-seeking behavior.
- **Strengthen Community Support:** Encourage initiatives that foster strong social connections and a sense of belonging within communities.

## **Question 2:**

***Suicide is a major public health concern in India. Discuss the importance of a multi-pronged approach to suicide prevention and suggest specific measures that can be taken. (250 words)***

## **Model Answer:**

*Multi-pronged Approach:*

- **Mental Healthcare Infrastructure:** Invest in mental health professionals, counselors, and accessible treatment options.
- **Destigmatization Campaigns:** Public awareness campaigns and educational programs are crucial to reduce the stigma associated with mental illness.
- **Community Support Initiatives:** Encourage programs that foster social connections, belonging, and a sense of community to combat isolation.
- **Crisis Hotlines and Support Networks:** Establish

accessible helplines and support networks for immediate assistance during emotional distress.

- By implementing a comprehensive strategy that combines these measures, India can create a more supportive environment and reduce the risk of suicide for vulnerable individuals.

*Remember, these are just two examples of Himachal HPAS Mains questions inspired by the current news. Feel free to modify and adapt them further to fit your specific needs and writing style. Good luck with your preparation!*



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**Relevance to the *Himachal HPAS Prelims and Mains syllabus* under the following topics:**



### ***Himachal HPAS Prelims:***

- **General Studies Paper I:** While not directly tested, this paper covers “Polity and socio-economic development of Himachal Pradesh.” You can mention the NCRB report as a recent development highlighting a positive social indicator for the state.

### ***Himachal HPAS Mains:***

- **GS Paper I (Essay):** You could choose an essay topic related to mental health and social well-being, and use Himachal Pradesh’s low suicide rate as an example of a state potentially doing well in this area. Briefly discuss the possible factors contributing to this positive outcome.
- **GS Paper II (Governance, Constitution, Public Policy):** Here, the connection is more prominent. You can discuss the NCRB report under various headings:
  - **Social Sector Issues:** Discuss mental health as a critical public health concern in India. Use Himachal Pradesh’s data as a contrasting example and explore potential reasons behind its success.
  - **Role of the State Government:** Analyze how government policies and initiatives (if any) might have contributed to the positive outcome in Himachal Pradesh.

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- 2) न्यायिक व्यवस्था में तकनीक पारदर्शिता, उत्पादकता और दक्षता सुनिश्चित करती है: मुख्यमंत्री.....विस्तार से पढ़ें
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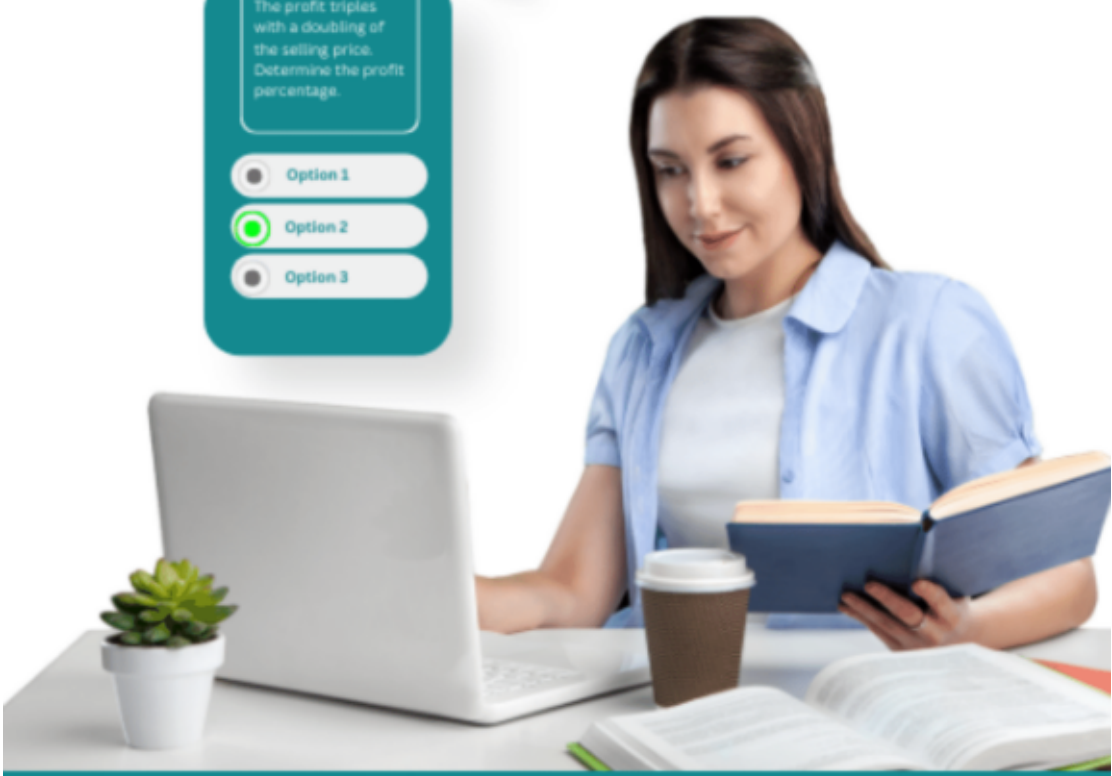
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The profit triples with a doubling of the selling price. Determine the profit percentage.

- Option 1
- Option 2
- Option 3



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